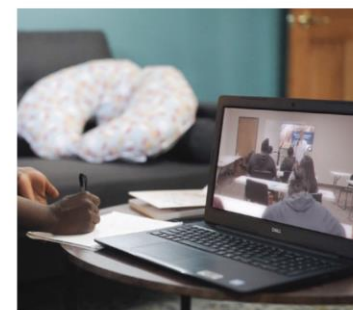


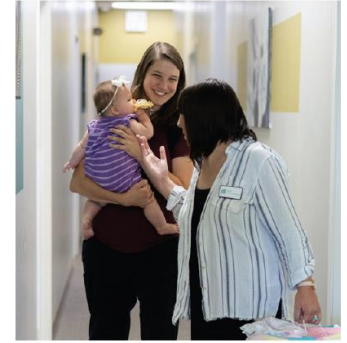
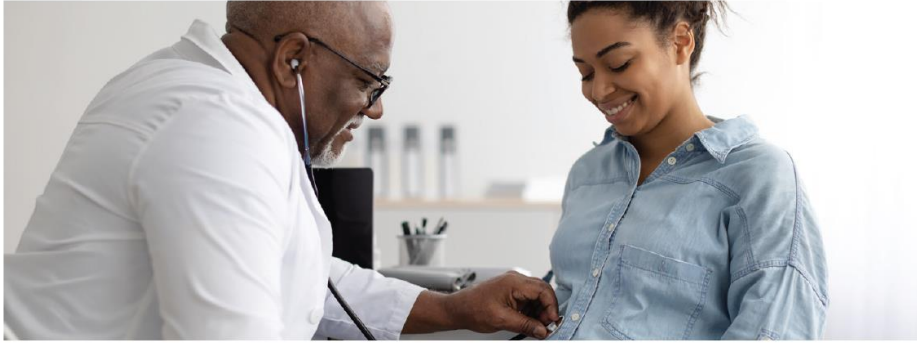
# Pregnancy & Parenting Support

Equipping You with Information & Skills

View All Pregnancy & Parenting Resources



Referral	Address	Info	Services
Family Empowerment Program	<p>Main Center  <a href="#">665 E Dublin-Granville Rd., Suite 110</a>  <a href="#">Columbus, OH 43229</a></p> <p>Extension Centers  <a href="#">4111 W Broad St., Columbus, OH 43228</a>  <a href="#">3030 Columbus-Lancaster Rd NW, Lancaster, OH 43130.</a></p>	<p>Call or Text: 614.644.4445</p> <p><a href="#">pdhcparents.org</a></p>	Free pregnancy and parenting education online and in-person. Participants receive free clothing, diapers, baby supplies, and more
Embrace Grace	See website for locations and times.	<a href="#">embracegrace.com/get-support</a>	Eleven-week Bible-based support group. Be mentored by experienced moms. Make new friends and gain life-changing skills that will help you find your passion.
Help Me Grow	<p>Franklin County:  <a href="#">246 N High St. 5th Floor</a>  <a href="#">Columbus, OH 43215</a></p> <p>Fairfield County:  <a href="#">1743 E Main St.</a>  <a href="#">Lancaster, OH 43130</a></p>	<p>Franklin County  614.656.3322</p> <p>Fairfield and Other Counties  800.755.GROW (4769)</p> <p><a href="#">helpmegrow.org</a>  <a href="#">hmgreferrals@helpmegrow.org</a></p>	Pregnancy, parenting, and infant development support with home visits, early intervention, and referrals.
Mommies Matter	Contact for Location	<p>614.723.9308</p> <p><a href="#">mommiesmatter.org/get-support-1</a></p>	One-on-one mother mentoring support through pregnancy and beyond, helping to support life changes for moms.
MomCo	See website for locations and times.	<a href="https://www.themom.co/find-a-meetup">https://www.themom.co/find-a-meetup</a>	Hosted by local churches, offers moms of infants through preschoolers a place to connect and refresh.



Referral	Address	Contact Info	Services
<b>My Village Ministries</b>	Contact for Location	614.210.3267 <a href="http://myvillageministries.com">myvillageministries.com</a>	Assistance, community, and support for families in crisis. Children can stay with host families for short periods of time, and parents receive coaching and training.
<b>Nurse-Family Partnership</b>	<a href="http://655ELivingstonAve.com">655 E Livingston Ave.</a> <a href="http://Columbus.OH.43205.com">Columbus, OH 43205</a>	614.722.8200 <a href="https://changent.org/nfp-moms/index.html">https://changent.org/nfp-moms/index.html</a>	Pregnancy, parenting, and infant development support for first time parents. Home visits for your first baby starting during pregnancy through two years old.
<b>Parent Life</b> (Ages 13—19) (Central Ohio Youth for Christ)	See website for locations and times.	614.787.7424 Contact Stefanie Wicks <a href="mailto:swicks@coyfc.org">swicks@coyfc.org</a> <a href="https://yfc.net/ministry/parent-life/">https://yfc.net/ministry/parent-life/</a>	Empowering teen parents through mentoring, weekly groups, and classes that support education, independence, and thriving with their children.
<b>Young Lives</b> (Ages 14-21)	Contact for Locations	614.256.6671 Contact Lauren Hall <a href="mailto:lauren.younglives@gmail.com">lauren.younglives@gmail.com</a> <a href="http://linktr.ee/ColumbusYoungLives">http://linktr.ee/ColumbusYoungLives</a>	Provides community, support, and one-on-one mentoring to teen moms between the ages of 14 and 21.