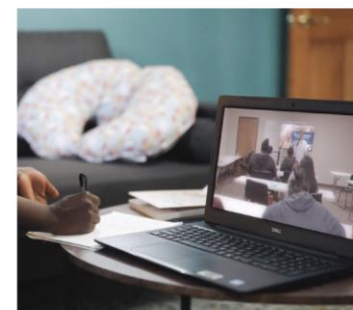


# Pregnancy & Parenting Support

Equipping You with Information & Skills

View All Pregnancy & Parenting Resources



Referral	Address	Contact Info	Services
Family Empowerment Program	Family Empowerment Center at 665 E Dublin-Granville Rd., Columbus, OH 43228; 4111 W Broad St., Columbus, OH 43220; and 3030 Columbus-Lancaster Rd NW, Lancaster, OH 43130.	Text: 614.644.4445 <a href="http://pdhcparents.org">pdhcparents.org</a>	Free pregnancy and parenting education online and in-person. Participants receive free clothing, diapers, baby supplies, and more
Mommies Matter	Contact for location	614.723.9308 <a href="http://mommiesmatter.org/get-support-1">mommiesmatter.org/get-support-1</a>	One-on-one mother mentoring support through pregnancy and beyond, helping to support life changes for moms.
My Village Ministries	Contact for location	614.210.3267 <a href="http://myvillageministries.com">myvillageministries.com</a>	Assistance, community, and support for families in crisis. Children can stay with host families for short periods of time, and parents receive coaching and training.
Help Me Grow	Franklin County: <a href="#">246 N High St. 5th Floor Columbus, OH 43215</a>  Fairfield County: <a href="#">1743 E Main St. Lancaster, OH 43130</a>	Franklin County 614.656.3322  Fairfield and Other Counties 1.800.755.GROW (4769) <a href="http://helpmegrow.org">helpmegrow.org</a> <a href="mailto:hmgreferrals@helpmegrow.org">hmgreferrals@helpmegrow.org</a>	Pregnancy, parenting, and infant development support with home visits, early intervention, and referrals.



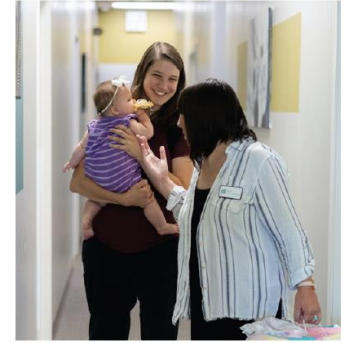
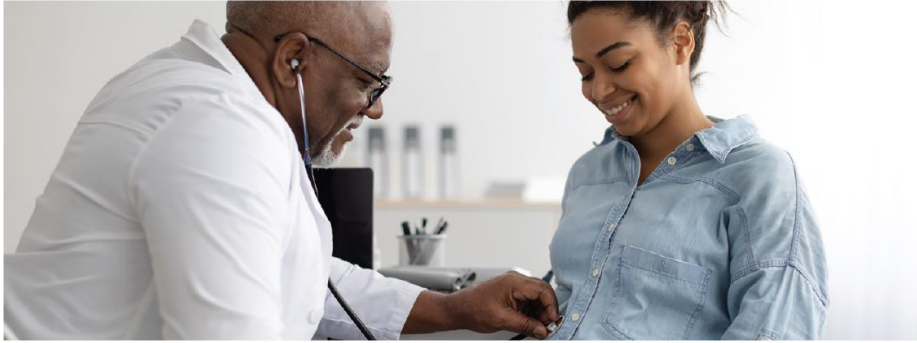
Pregnancy Decision Health Centers

📞 614.444.4411

💻 [PDHC.org](http://PDHC.org)

✉ [NeedHelp@PDHC.org](mailto:NeedHelp@PDHC.org)

Continued →



Referral	Address	Contact Info	Services
<b>Embrace Grace</b>	See website for locations and times.	<a href="http://embracegrace.com/get-support">embracegrace.com/get-support</a>	Eleven-week Bible-based support group. Be mentored by experienced moms. Make new friends and gain life-changing skills that will help you find your passion.
<b>Changent</b> (Originally Nurse-Family Partnership)	<a href="http://655ELivingstonAve.Columbus.OH.43205">655 E Livingston Ave, Columbus, OH 43205</a>	614.722.8200 <a href="http://https://changent.org/">https://changent.org/</a>	Pregnancy, parenting, and infant development support for first time parents. Home visits for your first baby starting during pregnancy through two years old.
<b>Young Lives</b> (Ages 14-21)	Contact for Locations	614.256.6671 Contact Lauren Hall <a href="mailto:lauren.younglives@gmail.com">lauren.younglives@gmail.com</a> <a href="http://linktr.ee/ColumbusYoungLives">http://linktr.ee/ColumbusYoungLives</a>	Provides community, support, and one-on-one mentoring to teen moms between the ages of 14 and 21.
<b>Parent Life</b> (Ages 13—19) (Central Ohio Youth for Christ)	See website for locations and times.	614.787.7424 Contact Stefanie Wicks <a href="mailto:swicks@coyfc.org">swicks@coyfc.org</a> <a href="http://https://yfc.net/ministry/parent-life/">https://yfc.net/ministry/parent-life/</a>	Empowering teen parents and their children to thrive through intentional relationships with caring adults. Weekly group meetings, mentoring, classes, and workshops focused on their unique needs while furthering education and independent living.